

# STUDENT VETERANS FREE PEER SUPPORT FORUM

## Spring term 2021

What is a forum? A place or meeting where ideas and views on a particular issue can be exchanged

The Student Veterans Peer Support Forum designed for student veterans at RCC covering a variety of topics that student veterans may be experiencing, familiar with, or wanting more information about. Intent is designed for supporting student veterans.

Why are we having this forum?—RCC Veterans Services & Counseling Department is striving to support student veterans further during this time of COVID-19 and remote learning .

### TOPICS:

- Student Veterans, Dependents & Spouses of Veterans, and Active Duty Members in Higher Education
- Test Anxiety/Anxiety 101
- Healthy life style
- Sleep issues/Disorders
- Growth Mindset
- Other topic you bring for discussion

**WHEN:** THURSDAYS, April 15th, 22nd, 29th, May 6th, & 13th

**TIME:** 1-2:30PM

**WHERE:** ZOOM <http://bit.ly/RCC-vets>

Meeting ID: 937 5788 6969

Passcode: 281924

**SIGN UP:** [www.roguecc.edu/vet-peer-forum](http://www.roguecc.edu/vet-peer-forum)

Designed specifically for RCC Student Veterans,  
Dependents & Spouses of Veterans, and Active Duty Members

### Forum to be hosted by:

Nikki Johnson, MBA | Director, Veterans Services

Shelly Hohl, LPC | RCC Counselor

Candace Bunow and Will Riddle, | RCC Veterans Coordinators

Rogue Community College  
Veteran Services



WE HONOR  
VETERANS

*All who participate in this forum will receive a welcome packet  
that consist a notebook, flash drive, water bottle, and pen.*



Rogue Community College

VETERANS SERVICES

RCC is an open institution and does not discriminate. For RCC's non-discrimination policy and full list of regulatory specific contact persons visit the following webpage: [www.roguecc.edu/nondiscrimination](http://www.roguecc.edu/nondiscrimination).

### For questions, please contact:

Nikki Johnson,  
Director of Veterans Services  
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