



# Massage Therapy: Entry Level Therapist

## Career Pathway Certificate

### Fall 2020 Program Admission

#### About the Program

The Entry-level Massage Therapist three-term career pathways certificate meets the requirements for licensure application to the Oregon Board of Massage Therapists and the Federation of State Massage Therapy Board's Licensing Examination and National Certification Board for Therapeutic Massage and Body Work (NCBTMB) certification. Oregon law, however, sets the qualifications for certification of applicants. Grounds for denial of state licensure include physical or mental conditions that would make an applicant unable to safely conduct a massage, or conviction of a crime that bears a demonstrable relationship to the practice of massage. See Oregon Law 687.081.

#### Program Learning Outcomes

The curriculum in RCC courses is derived from a set of identified learning outcomes that are relevant to the discipline. Program learning outcomes for massage therapy programs are:

Communicate effectively in a professional manner with clients, members of the healthcare team, and others.

Demonstrate and document various assessment processes, recognizing health and non-health within the body.

Demonstrate ability to research pathologies and utilize clinical judgment using knowledge and problem-solving skills when creating and implementing a treatment plan.

Provide care for diverse populations of clientele and demonstrate a personal commitment to service and the profession of massage therapy.

Demonstrate ethical/legal behaviors and boundaries in the massage profession, identify and apply components of a business plan and the ability to bill insurance cases.

Utilize universal precautions and maintain a high level of sanitization of equipment and the facility.

Utilize a variety of soft tissue modalities to aid in the health and healing of one's body, and recognize how those modalities and massage skills combine to create different effects to meet the goals of clientele.

Use safe, efficient and effective body mechanics for injury prevention of the therapist and client as well as utilize, demonstrate, and instruct the client in self-care techniques.

Identify and describe components of the body systems, how homeostasis is maintained, effects of massage on the differing systems, and demonstrate safe movement through range of motion.

#### Entry Requirements

Students are required to complete the Placement Process to determine skill level and readiness in math, reading, and writing. As part of their training program, students must begin with the courses within their skill level as determined through the Placement Process. In addition, students may also be required to enroll in classes that would increase their employability and success.

Massage Therapy is a limited-entry program. Interested applicants must attend a mandatory massage therapy information meeting. The timeline for submitting program application materials for fall 2020 admission is April 1 to June 24, 2020. Applicants will be accepted on a first-come, first-served basis once prerequisites are completed. It is recommended that students receive influenza, varicella-zoster, rubella, Hepatitis A, and Hepatitis B series immunizations prior to entering the program. A tuberculin test, drug and alcohol test, and a criminal background check may be required for Cooperative Work Experience activities. Students must attend a mandatory orientation prior to the beginning of fall term.

#### Advanced Standing

Coursework from accredited colleges and universities will be accepted in accordance with college policies and the Massage Therapy Department chair's approval. Sealed official transcripts and a transfer credit evaluation request must be submitted to RCC's Enrollment Services Office by May 1 to be considered in the application process. The transfer credit evaluation request may only be submitted online.

#### Completion Requirements

Students completing all credits in this program with a grade of "C" or better will receive their certificates. Certain required courses are graded on a pass/no pass basis only. A grade of "P" for these courses indicates a student earned the equivalent of a "C" or better grade. Credits earned in this program can be applied to the Associate of General Studies degree.

#### Prerequisites

Course No.	Course Title	Credits
CG100	College Success and Survival or transcript showing at least 30 college credits within any academic year and at least a 2.0 cumulative GPA	0-2



MTH20	Pre-algebra or designated placement score	0-4
RD90/WR90	College Reading/Fundamentals of Composition or WR91 Fundamentals of Academic Literacy (WR91 substitutes for both RD90 and WR90) or designated placement score	0-8

**Total Prerequisite Credits** **0-14**

#### Recommended Preparatory Courses

Course No.	Course Title	Credits
AH100	Medical Terminology: Introduction	3

#### Required Courses

Course No.	Course Title	Credits
<b>First Term</b>		
BI121	Elementary Anatomy and Physiology I with lab	4
MT100	Massage I – Basic Swedish	3
MT101	Asian Bodywork I	2
MT108	Kinesiology for Massage Therapists with lab	4
—	Approved program elective	2
		<b>15</b>

#### Second Term

BI122	Elementary Anatomy and Physiology II with lab	4
MT102	Massage II – Swedish	2
MT105	Massage Therapeutics: Hydrotherapy and Massage for Cancer Patients	3
MT106	Integrated Studies in Massage I (Upper Body)	2
MT109	Pathology for Massage Therapists	4
		<b>15</b>

#### Third Term

HE261	CPR/Basic Life Support Provider	1
MT103	Massage III – Swedish	2
MT107	Integrated Studies in Massage II (Lower Body)	2
MT116	Massage Exam Review	2
MT120A	Business for Massage Therapists	1
MT120B	Business for Massage Therapists	2
MT121	Asian Bodywork II	2
MT180	Cooperative Work Experience/Massage Practicum	1
MT180S	Cooperative Work Experience/Massage Seminar	1
		<b>14</b>

**TOTAL PROGRAM CREDITS** **44**

## Approved Program Electives

(2 credits required)

Course No.	Course Title	Credits
MT111	Sport Massage	2
MT112	Massage for Pregnancy and Infant/Child	2
MT113	Myofascial Release	2
MT114	Massage Therapy Study Skills Lab	1
MT115	Trigger Point Therapy	2
MT117	Body Maintenance for Massage Therapists	2
MT118	Deep Tissue Massage	2
MT119	Introduction to Craniosacral Therapy	2
MT180	Cooperative Work Experience/Massage	variable
MT199	Selected Topics: Massage	variable

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or more information contact the Massage Therapy Department:

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This advising guide is for advising purposes only. Please see current college catalog for additional information on specific college policies and graduation requirements.

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